



## Training Bulletin:

## Interim Training Materials for AHA Instructors

Date: November 11, 2010

---

### Purpose

This Training Bulletin specifies the implementation of Interim Training Materials, sources, and modifications to the ACLS, BLS, and PALS course curriculums. Instructors should read the 2010 American Heart Association Guidelines for CPR and ECC Science, the course-specific Interim Training Materials, and complete the required Science Update(s) prior to including any 2010 Guidelines in their course.

The 2010 Interim Training Materials will assist instructors in teaching the 2010 AHA Guidelines for CPR and ECC Science in their courses using the 2005 materials until the release of new curriculums in 2011.

---

### Required Implementation Date: March 1, 2011

**All AHA ECC courses must be taught with the Interim Training Materials and 2010 Guidelines Science beginning March 1, 2011.** Instructors may begin using the Interim Training Materials after completing the Science Update for their instructor status and authorization by their Training Center.

---

### Use of Current Materials

The materials now in use (2006 course materials) are still valid for courses. Instructors and Training Centers should continue to use existing materials until new course products are released beginning in 2011.

---

### Interim Training Materials and Resources

The Interim Training Materials include resources for instructors and students. Ideally, every student will have access to at least the 2010 Highlights to review before class, but this may not always be possible for some courses.

The Interim Training Materials are intended to add the major science changes to your courses. It is not possible to completely reflect the curricula to be released in 2011, the teaching methods or course structure. Instructors will follow the agendas and Lesson Maps in the current materials and use the guidance provided for each specific course in modifying lessons using the 2010 Guidelines.

---

*Continued on next page*

# Interim Training Materials for AHA Instructors, Continued

---

## Training Materials and Resources (continued)

### Instructor Update Resources

1. 2010 Science Update: Each discipline (ACLS, BLS, Heartsaver, and PALS) has a separate Science Update for instructors. Instructors may access these updates through their American Heart Association Instructor Network account – registration is required.
2. *2010 AHA Guidelines for CPR and ECC*
3. *2010 Guidelines Highlights*
4. *2010 Handbook of Emergency Cardiovascular Care for Healthcare Providers*
5. Interim Training Materials and Tools

The interim training materials and tools consist of:

1. A comparison sheet for the provider manual providing a quick reference for students to the new science contrasted with the 2005 guidelines.
2. Lesson Map modifications for the current courses. These modifications show instructors where to make specific adjustments during the course to reflect the 2010 Guidelines using AHA resources: videos, skills sheets and written tests.
3. Videos and skills sheet resources. These will be posted on the IN for download by instructors prior to class.
4. Interim Written Exams are available through Training Centers.

---

## Lesson Map Changes

Lesson Map changes are provided for each course and agenda. Instructors will use their existing agendas and Lesson Maps and modify lessons according to the guidance for each course. The following is an example of the guidance given for Lesson Map modifications:

Lesson Map	2010 New Content
HCP LM 34	Remind students that it is no longer recommended to apply cricoid pressure.
ACLS 10A	Discuss changes in Cardiac Arrest Algorithm (PEA/Asystole) (no longer giving atropine).

Lesson Map changes are available for the following AHA courses:

- ACLS Provider
- PALS Provider
- PEARS Provider
- BLS for Healthcare Providers
- Heartsaver CPR
- Heartsaver AED
- Heartsaver First Aid

---

*Continued on next page*

## Interim Training Materials for AHA Instructors, Continued

---

### **Equipment Needs**

Equipment needs will not change for most courses. Check the guidance for specific courses for details on equipment requirements.

---

### **Testing**

Testing is required in all courses that result in an AHA course completion card. All courses incorporating the 2010 Guidelines must be tested using the new skill testing checklists that follow the 2010 Guidelines.

The 2011 Interim Written Exams must be used. These will be made available to TCCs.

---

November 11, 2010