

Interim PALS CPR/AED Testing Checklist

Infant 1- and 2-Rescuer CPR Test

Released: November 11, 2010

Student Name: _____ Date of Test: _____

Skill Step	Critical Performance Steps	<input checked="" type="checkbox"/> if done correctly
1	Checks unresponsiveness	
2	Checks for no breathing or only gasping <i>Minimum 5 seconds; maximum 10 seconds</i>	
3	Activates emergency response system/calls for AED	
4	Checks carotid pulse <i>Minimum 5 seconds; maximum 10 seconds</i>	
5	Locates CPR finger position	
6	Delivers first cycle of compressions at correct rate <i>Acceptable <18 seconds for 30 compressions</i>	
7	Gives 2 breaths (1 second each)	
8	Delivers second cycle of compressions at correct hand position <i>Acceptable >23 out of 30 compressions</i>	
9	Gives 2 breaths (1 second each)	
<i>Second rescuer arrives and takes over breathing with bag mask. Test only first rescuer. Rescuers now use 15:2 ratio.</i>		
10	1 st rescuer delivers cycle of 15 compressions using a 2 thumb–encircling hands technique <i>Acceptable >11 of 15 compressions at correct position</i>	
11	1 st rescuer pauses to allow 2 nd rescuer to give 2 breaths	
12	1 st rescuer delivers cycle of 15 compressions of adequate depth with full chest recoil <i>Measure depth only if using instrumented manikin; otherwise observe that compressions are given</i>	
13	1 st rescuer pauses to allow 2 nd rescuer to give 2 breaths	
<i>Rescuers switch places with little interruption. 1st rescuer takes over rescue breaths using bag mask. Students perform 2 more cycles of CPR. Test only 1st rescuer.</i>		
14	1 st rescuer gives 2 breaths that produce visible chest rise during pauses in compressions using bag mask (2 cycles)	
		STOP THE TEST
		PASS NR