

Interim PALS CPR/AED Testing Checklist

Child 1-Rescuer CPR and AED Test

Released: November 11, 2010

Student Name: _____ Date of Test: _____

Skill Step	Critical Performance Steps	Child CPR With AED <input checked="" type="checkbox"/> if done correctly		
1	Checks unresponsiveness			
2	Checks for no breathing or only gasping <i>Minimum 5 seconds; maximum 10 seconds</i>			
3	Activates emergency response system/calls for AED			
4	Checks carotid pulse <i>Minimum 5 seconds; maximum 10 seconds</i>			
5	Locates CPR hand position			
6	Delivers first cycle of compressions at correct rate <i>Acceptable <18 seconds for 30 compressions</i>			
7	Gives 2 breaths (1 second each)			
8	Delivers second cycle of compressions at correct hand position <i>Acceptable >23 out of 30 compressions</i>			
9	Gives 2 breaths (1 second each)			
AED arrives				
AED 1	Turns AED on			
AED 2	Selects proper AED pads and places correctly			
AED 3	Clears victim to analyze <i>(Must be visible and verbal check)</i>			
AED 4	Clears victim to shock/presses shock button <i>(Must be visible and verbal check)</i> <i>Maximum time from AED arrival 90 seconds</i>			
Student continues CPR				
10	Delivers third cycle of compressions at correct rate <i>Acceptable <18 seconds for 30 compressions</i>			
11	Gives 2 breaths (1 second each) with visible chest rise			
<i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.</i>				
12	Delivers fourth cycle of compressions of adequate depth with full chest recoil <i>Acceptable >23 compressions</i>			
		STOP THE TEST		
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center; padding: 5px;">PASS</td> <td style="width: 50%; text-align: center; padding: 5px;">NR</td> </tr> </table>	PASS	NR
PASS	NR			