

Skills Station Competency Checklist

if done correctly

Management of Respiratory Arrest

BLS Primary Survey and Interventions

Establishes unresponsiveness – Activates EMS and gets AED <i>or</i> – Directs 2 nd rescuer to activate the emergency response system and get the AED	
– Opens the airway (head tilt–chin lift or, if trauma is suspected, jaw thrust without head extension) – Checks for breathing (look, listen, and feel; at least 5 seconds but not more than 10 seconds)	
If breathing is absent or inadequate, gives 2 breaths (1 second per breath) that cause the chest to rise	
Checks carotid pulse. Notes that pulse is present. Does not initiate chest compressions or attach AED. Performs rescue breaths at the correct rate of 1 breath every 5 to 6 seconds (10 to 12 breaths/min)	

ACLS Secondary Survey Case Skills

Inserts oropharyngeal and nasopharyngeal airway (student should demonstrate both)	
Performs correct bag-mask ventilation	
Administers oxygen	
Reassesses pulse about every 2 minutes	

Critical Actions

Performs Primary ABCDs	
Properly inserts OPA or NPA	
Can ventilate with bag-mask	
Gives proper ventilation—rate and volume	
Rechecks pulse and other sign of circulation. Does not initiate chest compressions.	