

# ACLS Course CPR/AED Testing Checklist Adult 1-Rescuer CPR and AED Test

Name: \_\_\_\_\_ Date of Test: \_\_\_\_\_

Skill Step	Critical Performance Steps	Adult/Child CPR With AED ☑ if done correctly
1	Checks unresponsiveness	
2	Tells someone to call 911 and get an AED	
3	Opens airway using head tilt–chin lift	
4	Checks breathing <i>Minimum 5 seconds; maximum 10 seconds</i>	
5	Gives 2 breaths (1 second each)	
6	Checks carotid pulse <i>Minimum 5 seconds; maximum 10 seconds</i>	
7	Bares victim’s chest and locates CPR hand position	
8	Delivers first cycle of compressions at correct rate <i>Acceptable &lt;23 seconds for 30 compressions</i>	
9	Gives 2 breaths (1 second each)	
<b>AED arrives</b>		
AED 1	Turns AED on	
AED 2	Selects proper AED pads and places pads correctly	
AED 3	Clears victim to analyze <i>(Must be visible and verbal check)</i>	
AED 4	Clears victim to shock/presses shock button <i>(Must be visible and verbal check) Maximum time from AED arrival &lt;90 sec</i>	
<b>Student continues CPR</b>		
10	Delivers second cycle of compressions at correct hand position <i>Acceptable &gt;23 of 30 compressions</i>	
11	Gives 2 breaths (1 second each) with visible chest rise	
<i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.</i>		
12	Delivers third cycle of compressions of adequate depth with full chest recoil <i>Acceptable &gt;23 compressions</i>	
		<b>STOP THE TEST</b>

Test Results	Indicate Pass or Needs Remediation:	P	NR
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