

CPR and AED Skills Test

1-Rescuer Adult CPR and AED Checklist



Student Name: _____ Test Date: _____

Skill Step	Critical Performance Steps	✓ if done correctly
BLS Survey and Interventions		
1	Checks for responsiveness: <i>Taps and shouts, "Are you all right?" and scans the chest for movement (5-10 seconds)</i>	
2	Tells someone to activate the emergency response system and get an AED	
3	Checks carotid pulse (<i>minimum 5 seconds; maximum 10 seconds</i>)	
4	Bares patient's chest and locates CPR hand position	
5	Delivers first cycle of compressions at correct rate (<i>acceptable: 18 seconds or less for 30 compressions</i>)	
6	Gives 2 breaths (1 second each)	
AED Arrives		
AED 1	Turns AED on, selects proper pads, and places pads correctly	
AED 2	Clears patient to analyze (<i>must be visible and verbal check</i>)	
AED 3	Clears patient to shock/presses shock button (<i>must be visible and verbal check; maximum time from AED arrival less than 45 seconds</i>)	
Student Continues CPR		
7	Delivers second cycle of compressions at correct hand position (<i>acceptable: greater than 23 of 30 compressions</i>)	
8	Gives 2 breaths (1 second each) with visible chest rise	
<p><i>The next step is performed only if the manikin is equipped with a feedback device, such as a clicker or light. If there is no feedback device, STOP THE TEST.</i></p>		
9	Delivers third cycle of compressions of adequate depth with complete chest recoil (<i>acceptable: greater than 23 compressions</i>)	

STOP TEST

Test Results	Circle P or NR to Indicate Pass or Needs Remediation:	P	NR
Instructor signature affirms that skills tests were done according to AHA Guidelines. <i>Save this sheet with course record.</i>	Instructor Signature: _____ Print Instructor Name: _____ Date: _____		